

Nibbles

Bread & oil £4.5 GFO 566KCAL // **Mixed marinated olives £4.5** GFI, VE 103KCAL // **Cheese donuts, tomato & chilli sauce, pecorino £7** GFI 323Kcal // **Cumin & coriander falafel, mango chutney £6** GFI, VE 166 KCAL // **Whipped feta, sundried tomato, mint oil, flat bread £6.50** V 432 KCAL

Starters/Light bites

Homemade soup of the day, sourdough £7.5 VE, GFI

Smoked salmon & cucumber cannelloni, avocado mousse, olive & chili tapenade, sundried tomatoes

£11 GFI 275 KCAL

Smoked haddock scotch egg, saffron velouté, buttered shallots £10.5 397KCAL

Trio of beetroot & feta salad, watercress, beetroot glaze £9.5 VE Option, GFI 117KCAL

Slow cooked lamb belly, mint & pine nut stuffing, tzatziki, pickled carrot £10 GFI 346KCAL

Sticky chicken thighs, homemade sweet & sour sauce, Asian slaw, shallot puree £9 GFI 202KCAL

Mains

Wherry battered fish & chips, mushy peas, tartare sauce £16 970KCAL

Kings head cheeseburger, maple cured bacon, Monterey jack cheese, gherkin, tomato, burger sauce, celeriac & apple remoulade, skin on fries £16.5 1395KCAL

Sirloin Steak, triple cooked chips, roasted tomato & mushroom, watercress salad, onion rings £33 GFO 1167KCAL

Add a steak sauce £2 – Peppercorn 105KCAL **blue cheese** 260KCAL **garlic butter** 162KCAL ALL GFI

Crispy halloumi burger, harissa mayo, lettuce, tomato, celery & apple remoulade, skin on fries £16.5 V 1336KCAL

Tempura vegetables, rice noodles, plum sauce, toasted sesame seeds £16.5 GFI VE 244KCAL

Add Tempura Prawns £19.5 GFI 119KCAL

Pork tenderloin, potato rosti, creamed cabbage, glazed carrot, pork puff, jus £19.5 GFO 830KCAL

Pan fried chicken breast, thyme & truffle Hasselback potatoes, Chantenay carrots, wild mushrooms, jus £19.5 GFI 729kcal

Pan seared sea bream, spring onion, potato & caper terrine, chargrilled spring onion, salsify, Pico de Gallo £21 GFI 449KCAL

Butternut squash & sage gnocchi, crispy sage, squash puree, pine nuts, spinach £16.5 VE 497KCAL

Sides

Wherry battered onion rings £4.5 (Vegan option available) GFO, V 252 KCAL

Greek Salad £5.5 (Vegan option available) GFI, V 188 KCAL

Tempura courgette ribbons, tzatziki £5 (Vegan option available) GFI, V 196 KCAL

Summer vegetable succotash, bacon crumb £5.5 (Vegan option available) GFI 148 KCAL

Crunchy salt & pepper green beans, garlic crisps £5 (Vegan option available) GFI 125 KCAL

Please let your server know if you have any allergies. A full allergen menu is available on request. All dishes are freshly prepared in house, calorie information may fluctuate and we cannot guarantee the absence of all allergens.

GFI Gluten free ingredients are used, however we cannot guarantee that ingredients have not come into contact with gluten during the cooking process. **GFO** Gluten Free Ingredient Option **V** Vegetarian **VE** Vegan