Breakfast

The Kings Head full English £12.5 1124 KCAL GFO

Sausage, bacon, black pudding, field mushroom, potato rosti, cherry vine tomatoes, eggs your way & baked beans

The Kings Head vegetarian £11.5 531Kcal GFO

Mushroom & spinach polenta cake, field mushroom, cherry vine tomatoes, potato rosti, eggs your way & baked beans

Toasted English muffin, poached eggs & hollandaise

Florentine (Spinach) £9.5 681KCAL Benedict (Bacon) £10 966KCAL Royale (Staithe smokehouse salmon) £12.5 764KCAL

Smoked haddock, spinach & poached egg £10264KCAL GF

Staithe Smokehouse salmon & scrambled eggs £12 303Kcal GF

Staithe Smokehouse salmon, wilted spinach & cream cheese bagel £10 522KCAL

Smashed avocado on sourdough toast £11 616 KCAL GFO
Poached eggs & Pico de Gallo

Cheese & chive omelette £8 407Kcal GF
Add bacon £2.5 143Kcal

Granola & fruit compote yoghurt pot £6.5 543 KCAL GF

Porridge £6.50 401KCAL GF

Macerated Sharington strawberries & local honey

Hot Drinks

Selection of teas £2.8

English breakfast, Earl Grey, Peppermint, Green tea, Camomile, Berry, Lemon & Ginger

Americano £2.8 Espresso £2.8

Flat White £3.3 Cappuccino £3.3

Latte £3.3 Mocha £3.8

Double Espresso £3.2 Hot Chocolate £3.6

All available as decaffeinated

Selection of Juices £3

Orange, Apple, Pineapple or Cranberry