

SAMPLE

Breakfast

The Kings Head full English £12.5 ** 1208KCAL

Sausage, bacon, black pudding, field mushroom, hash brown, cherry vine tomatoes, eggs your way & baked beans

The Kings Head vegetarian £11.5 ** 531KCAL

Mushroom & spinach polenta cake, field mushroom, cherry vine tomatoes, hash brown, eggs your way & baked beans

Toasted English muffin, poached eggs & hollandaise

Florentine (Spinach) £9.5 681KCAL **Benedict (Bacon) £10** 966KCAL **Royale (Staithe smokehouse salmon) £12.5** 764KCAL

Smoked haddock, spinach & poached egg £10 * 264KCAL

Staithe Smokehouse salmon & scrambled eggs £12 * 303KCAL

Staithe Smokehouse salmon, wilted spinach & cream cheese bagel £10 522KCAL

Smashed avocado on sourdough toast £11 ** 616 KCAL

Poached eggs & sun blushed tomatoes

Cheese & chive omelette £8 * 407KCAL

Add bacon £2.5 * 143KCAL

Granola & fruit compote yoghurt pot £6.5 ** 543 KCAL

Porridge £6.50 * 401KCAL

Macerated Sharrington strawberries & local honey

Hot Drinks

Selection of teas £2.8

English breakfast, Earl Grey, Peppermint, Green tea, Camomile, Berry, Lemon & Ginger

Americano £2.8

Espresso £2.8

Flat White £3.3

Cappuccino £3.3

Latte £3.3

Mocha £3.8

Double Espresso £3.2 Hot Chocolate £3.6

All available as decaffeinated

Please let your server know if you have any allergies. A full allergen menu is available on request. All dishes are freshly prepared in house, calorie information may fluctuate and we cannot guarantee the absence of all allergens.

**** Dish can be adapted to use non-gluten containing ingredients.**

*** Dish is made using non-gluten containing ingredients**

VE - Vegan

V - Vegetarian